

Vision Worksheet

Please reflect on these 4 aspects of your life, and what your vision is across them. We will have you focus on one for the class, but writing down all of them can be extremely valuable and is well worth your time.

What is the alternate future that you want to have happen?

For Your Work (Company/Career/Customers)

For Your Health

For Your Relationships (Family/Friends/People in the World)

For Your Hobbies (Outside of Work)

Six Word Visions

Now, in six words, see if you can summarize the alternative futures you spelled out above. Try out seven 6-word summaries. Circle the one that resonates best with what you want to aspire towards this year.

1.

2.

3.

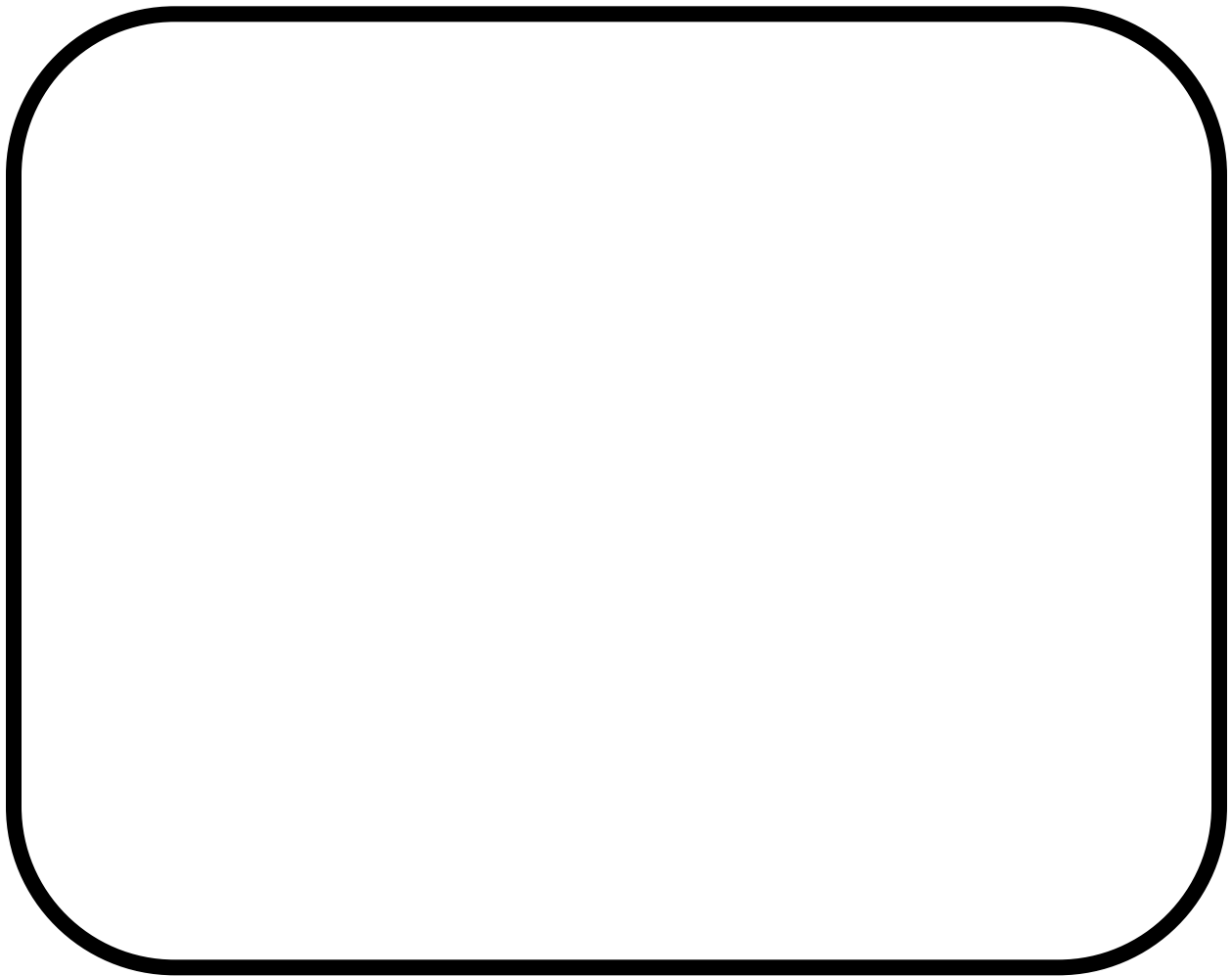
4.

5.

6.

7.

Your Vision To Work Towards

A large, empty rounded rectangle with a thick black border, intended for a user to write their vision.